

# Help Save FindHelpNI.com

## A Critical Lifeline Lost!

Northern Ireland is in the grip of a mental health crisis while statutory services are overwhelmed, leaving thousands lost, waiting, and without hope. People in distress are turning to family, friends, and the internet for answers—often with unreliable, inconsistent, or even harmful results. The lack of clear, accessible pathways to support is costing lives.

*FindHelpNI.com is a proven, trusted, and independent resource that bridges this gap.*

### But now, we are the ones in crisis.

Despite being used by thousands of people, FindHelpNI.com has been forced to shut down due to a lack of funding. Without immediate financial support, this vital platform cannot be sustained—leaving tens of thousands without an easy way to find help before reaching crisis.

*We urgently need your resurrector FindHelpNI.com while we work to secure long-term funding.*

### The Problem

- Mental health services are overwhelmed – Thousands of people are stuck on long waiting lists, with no alternatives offered.
- People don't know where to turn – Almost 70% of people say it's hard to find the right support, with many giving up altogether.
- Stigma and fear prevent action – Many people suffer in silence, afraid to ask for help or unaware of the options available.
- Misinformation is dangerous – 46% of people rely on unverified online information or well-meaning but uninformed advice.

### FindHelpNI.com can change this by providing:

- ✓ A trusted, NI-wide directory of mental health & wellbeing services
- ✓ A step-by-step Guide Me tool to simplify help-seeking
- ✓ Self-help resources, crisis information, and real-life stories to empower individuals
- ✓ A platform created with the community, for the community, ensuring it meets need.

## FindHelpNI.com is trusted and valued:

- 🚀 96% of people would use FindHelpNI.com again
- 🚀 99% would recommend it to others
- 🚀 92% agree it helps reduce stigma around mental health

## What Happens Now?

- ✗ People in crisis don't know where to turn – No easy-to-use, stigma-free starting point.
- ✗ More people will fall through the cracks – Confused, lost, and unsure where to go.
- ✗ Families will lose a vital resource – One that helps them find the right support for loved ones.
- ✗ Mental health services will struggle even more – As demand continues to rise.

*We cannot let this happen.*

## How You Can Help!

We need urgent financial support to get FindHelpNI.com back up and running while we secure sustainable funding. Even though FindHelpNI.com has closed (for now), we believe in its mission and the power of collective action. Here's how you can make a difference:

### ◆ Support Our Cause

- Help us explore ways to revive FindHelpNI.com or at least ensure our efforts have not been wasted, we've so much data and content going to waste.
- Introduce us to potential funders, sponsors, partners or grant opportunities.
- Collaborate with us to develop sustainable models for the future.

### ◆ Advocate for Change

- Raise awareness, spread the word, share our message, and help us reach those who can support our mission.
- Share our story with your networks and decision-makers
- Push for funding and policy changes that prioritize early intervention.

### ◆ Share Your Thoughts & Experiences

- Fill out our User Feedback Form on our temporary [FindHelpNI.com](#) site to share your thoughts about the loss of this resource, our mission or any ideas, comments you have.

- Share your story to highlight the impact of the platform.
- This information will be invaluable in discussions around needs, impact, funding and partnerships etc

### ◆ **Connect & Stay Updated**

- Get involved in discussions online on how to continue our mission.
- Follow us on [Facebook](#) for updates.
- Our social accounts will not be manned at all times, but if and when there are updates they will be posted on Facebook.

### ◆ **Strengthen the VCSE Sector**

- Support local mental health & wellbeing organisations, donate, volunteer and signpost.
- Share your positive experiences of help and support in the community.
- Help reduce stigma by promoting early intervention, community support and crisis support options.

***Together, we can keep the mission alive and ensure that people in Northern Ireland always find the right help at the right time.***

## **The Time to Act Is Now**

FindHelpNI.com has already helped thousands. It has the potential to help thousands more—but only if it is supported.

***We have the solution. Now, we need the support.***

We urge funders, partners, and community leaders to stand with us and ensure that no one in Northern Ireland has to struggle alone.

 **Help us keep FindHelpNI.com alive.** 

 Contact [eva@findhelpni.com](mailto:eva@findhelpni.com) today to discuss how you can make an impact.